

Monica Delgado

Associate

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Minneapolis – 612.492.6772



Monica is an attentive attorney who investigates, litigates, and advises on employment matters for clients as diverse as the issues they face.

Having focused on public health in her education before becoming an attorney, Monica is a firm believer in upstream prevention. She is a skilled employment investigator, and she enjoys working with and advising clients to mitigate potential future disputes. When disputes do arise, Monica blends strong attention to detail with a commitment to broadly understanding each client's unique needs to assist them at every stage of litigation before federal and state courts, administrative agencies, and other regulatory organizations. Her practice touches employment issues involving harassment, discrimination, retaliation, wage and hour, competition, and collective bargaining.

Although she is focused primarily on employment matters, Monica also has secured favorable results for clients in labor-arbitration, commercial-litigation, and products-liability cases.

Monica's active pro bono practice centers on supporting students attending high school while pregnant or with young children. While in law school, Monica earned top pro bono distinction for her medical-legal partnership work with patients at federally qualified health centers, as well as for her immigration work with women and children detained at the U.S.-Mexico border.

Court Admissions

- U.S. District Court for the District of Minnesota
- U.S. District Court for the Western District of Wisconsin
- U.S. District Court for the Western District of Michigan

Professional Affiliations

Education

- University of Wisconsin Law School (J.D., 2021)
 - *cum laude*; Best performance in Public Health Law; Pro Bono Society Tier One Award of Distinction
- University of Minnesota (B.A., 2018)
 - *summa cum laude*; Phi Beta Kappa

Bar Admissions

- Minnesota
- Utah
- Wisconsin

- National Employment Law Council (NELC) Academy Fellow, Class of 2025

Clerkships

- Minnesota Court of Appeals, Honorable Theodora Gaïtas, 2021–2022

Accolades

- *Minnesota Super Lawyers®* - Women's Edition Rising Star, 2025
- *Minnesota Super Lawyers®*, "Rising Stars," 2025-2026
- Consistently providing pro bono legal assistance to those in need through Dorsey's Pro Bono program
- Contributed more than 50 Diversity & Inclusion hours, 2024
- MSBA, North Star Lawyer, 2023-2025

Languages

- Spanish
- Portuguese

Insights

June 9, 2025

Justices Reject Higher Standard for “Reverse Discrimination” Claims

Minneapolis