

Developments in Mental Health Parity Litigation

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by Nicholas J. Pappas and Andrew Holly

The Dorsey Health Law blog team keeps readers up-to-date on relevant topics in the health care industry. In order to do so, the members of the blog team communicate regularly with other practice groups within the firm for applicable updates from client publications. For this post, we would like to thank Dorsey's Nicholas J. Pappas and Andrew Holly for the following *New York Law Journal* article:

Congress passed the Mental Health Parity and Addiction Equity Act of 2008 (the Parity Act) based upon its perception that employers who sponsor group health plans were improperly discriminating against mental health benefit coverage. Congress intended that the Parity Act would cause group health plans to cover treatments for mental health and substance abuse conditions in parity with medical/surgical treatments.

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